

KATHY HIGGINS LPC LLC

Kathleen Higgins, MS, MA, LPC, LAC, EMDR

6901 S. Pierce St., Suite 100F

Littleton, CO 80128

720-663-7702

DISCLOSURE AND CONSENT FOR TREATMENT

Welcome! I would like to introduce you to my practice as a Professional Counselor, Addiction Counselor and Certified EMDR Therapist. My name is Kathleen Therese Higgins. My qualifications include: Masters of Arts in Counseling, Regis University, 2007; Licensed Professional Counselor, State of Colorado, License #LPC-5505; Licensed Addiction Counselor, State of Colorado, License #ACD-328; M.S. in Management, Regis University, 2006; B.A. in Psychology, University of Colorado at Boulder, 1989; EMDR Certified Therapist, Granted 9/1/2012. I am doing business as KATHY HIGGINS LPC LLC, 6901 S. Pierce St., Suite 100F, Littleton, CO 80128. Phone: 720-663-7702. My email is: kathyhigginslpc@gmail.com

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Licensed Professional Counselors Examiners and the Board of Addiction Counselor Examiners can be reached at:

1560 Broadway, Suite 1350

Denver, Colorado 80202

(303) 894-7800

CLIENTS RIGHTS

- You may seek a second opinion from another therapist or terminate therapy at any time.
- As a client you are entitled to receive information about the method of therapy and techniques used. You are entitled to know the duration of therapy and fee structure if known.
- In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

As to the regulatory requirements applicable to mental health professionals: a Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a masters degree in their profession and have two years of post-masters supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision. A Licensed Social Worker must hold a masters degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I (CAC I) must be a high school graduate, and complete required training hours and 1,000 hours of supervised experience. A CAC II must complete additional required training hours and 2,000 hours of supervised experience. A CAC III must have a bachelors degree in behavioral health, and complete additional required training hours and 2,000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical masters degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified, and no degree, training or experience is required.

By law, the information you share during therapy is legally confidential except:

- When there is serious threat of harm to oneself or to others or in the event of grave disability.
- There is a report of abuse of a child or an elder.
- Other exceptions to confidentiality are listed in section 12-43-218 and the Notice of Privacy Rights you were provided as well as other exceptions in Colorado and Federal law. If a legal exception arises during therapy, if feasible, you will be informed accordingly.
- A court of law may order session notes to be disclosed or for a therapist may be subpoenaed to appear in court in cases such as child custody, criminal and other charges.
- Should you wish to have claims filed on your behalf with your health insurance company, Rill Unique Enterprises, my billing company will be required to share your diagnosis and other identifying information. Should you have questions about billing you may call your insurance company or contact Rill Unique Enterprises, P.O. Box 31628, Aurora, CO 80041 Contact: Billing 1-800-823-9086 or email: customerservice@rilluniqueenterprises.com Additionally, Kristy Rinaldi will manage my front office, scheduling, insurance and billing; she is available at 720-618-4780 and kristyrinaldi3@gmail.com.

Any person who alleges that a mental health professional has violated the licensing laws related to the maintenance of records of a client eighteen years of age or older, must file a complaint or other notice with the licensing board within seven (7) years after the person discovered or reasonably should have discovered this. Pursuant to law, this practice will maintain records for a period of seven years commencing on the date of termination of services or on the date of last contact with the client, whichever is later.

When the client is a child, the records must be retained for a period of seven years commencing upon the last day of treatment or when the child reaches eighteen years of age, whichever comes later, but in no event shall records be kept for more than twelve years.

I have read the preceding information and I understand my rights as a client or as the client's responsible party.

Print Client's name

Client's or Responsible Party's Signature

Date

If signed by Responsible Party, please state relationship to client and authority to consent:

Revision Date: 1/12/2021